



Dr Trish Turner Coaching & Counselling

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Dr Trish Turner - Executive Coach



Before we begin our work together, I thought it might be helpful if I told you a bit about myself.

I am a professionally qualified and accredited executive and leadership master coach, coach supervisor, trainer and consultant. I work with senior executives, aspiring leaders and high potential employees in the public and private sector in facing challenges, driving performance and leading with authenticity and integrity.

In my coaching sessions I provide a safe, confidential and reflective space in which we can have the conversations that matter to you. My style is respectful, open and supportive, yet challenging and you will have the space to think, understand yourself better and generate practical outcomes.

With 15 years of experience in coaching, areas of expertise include increasing confidence, developing highly skilled leaders, optimising individual and organisational impact, managing relationships, building resilience, managing conflict, time management and the first 90 days in a new role.

I have a particular passion for working with individuals experiencing substantial personal and organisational change or challenge. As a qualified and registered psychotherapist and clinical supervisor, I bring a depth of psychological knowledge and expertise to my coaching in order to gain insight and allow a deeper exploration of internal patterns.

For over 25 years I was a senior leader in a broad range of business sectors. My last corporate role was a Board Director of a £1.2bn NHS organisation, culminating in being recognised nationally as a 'Top Leader'. In addition to my private practice, I spent a year with Ambition Institute, directing their whole system approach to coaching and devising offers for creating a coaching culture within schools and MATS, including creating this coaching offer within the Executive Educators programme. I remain their expert coaching consultant.

I am educated to doctoral level (in research), and have a first class honours degree in management and leadership and another honours degree in psychotherapy. I adhere to the European Mentoring & Coaching Council (EMCC) global Code of Conduct and I am an EMCC International Assessor, supporting the accreditation of coaches, supervisors and training providers around the globe.

I am an independent practitioner, commissioned by Ambition Institute to provide executive coaching to participants on their executive educators programmes. Although based in the East of England, I work across the whole of the UK and abroad.

I look forward to working with you.