



Dr Trish Turner Coaching & Counselling

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Dr Trish Turner - Executive Coach



To enable you decide if you would like us to work together, I thought it might be helpful if I told you a bit about myself.

I am a professionally qualified and accredited executive and leadership master coach, coach supervisor, trainer and consultant. I work with senior executives, aspiring leaders and high potential employees in the public and private sector in facing challenges, driving performance and leading with authenticity and integrity.

In my coaching sessions I provide a safe, confidential and reflective space in which we can have the conversations that matter to you. My style is respectful, open and supportive, yet challenging and you will have the space to think, understand yourself better and generate practical outcomes.

With 15 years of experience in coaching, areas of expertise include increasing confidence, developing highly skilled leaders, optimising individual and organisational impact, managing relationships, building resilience, managing conflict, time

management and the first 90 days in a new role.

I have a particular passion for working with individuals experiencing substantial personal and organisational change or challenge. As a qualified and registered psychotherapist and clinical supervisor, I bring a depth of psychological knowledge and expertise to my coaching in order to gain insight and allow a deeper exploration of internal patterns.

For over 25 years I was a senior leader in a broad range of business sectors. My last corporate role was a Board Director of a £1.2bn NHS organisation, culminating in being recognised nationally as a 'Top Leader'.

My clients include CEOs and executive headteachers of schools and multi-academy trusts (MATs), CEOs, Chairs and boards of NHS Trusts and senior leaders within private industry.

I am educated to doctoral level (in research), and have a first class honours degree in management and leadership and another honours degree in psychotherapy. I adhere to the European Mentoring & Coaching Council (EMCC) global Code of Conduct and I am an EMCC International Assessor, supporting the accreditation of coaches, supervisors and training providers around the globe.

Although based in the East of England, I work across the whole of the UK and beyond via Skype, telephone and face-to-face.

I look forward to working with you.